



PORTUGUESE
**RURAL
EXPERIENCES**

**REVERSE MISSION
CANADÁ
6TH TO 10TH FEBRUARY 2023**

EXPLORE

LIVE

FEEL

TASTE



Promotores:



Cofinancado por:



União Europeia
Fundu Europeu
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PORTUGAL

NORTE | CENTRO | ALENTEJO



PORTUGAL

NATURAL PARKS

âmbito nacional

Parque Nacional

- 1 Peneda-Gerês

Parques Naturais

- 2 Montesinho
3 Litoral Norte
4 Alvão
5 Douro Internacional
6 Serra da Estrela
7 Tejo Internacional
8 Serras de Aire e Candeeiros
9 Serra de São Mamede
10 Sintra-Cascais
11 Arrábida
12 Sudoeste Alentejano e Costa Vicentina
13 Vale do Guadiana
14 Ria Formosa

Reservas Naturais

- 15 Dunas de São Jacinto
16 Serra da Malcata
17 Paul de Arzila
18 Berlengas
19 Paul do Boquilobo
20 Estuário do Tejo
21 Estuário do Sado
22 Lagoas de Santo André e Sancho
23 S.C.Marim - V.R.S.António

Paisagens Protegidas

- 24 Serra do Açor
25 Arriba Fóssil da Costa da Caparica

Monumentos Naturais

- 26 Cabo Mondego
27 Portas de Ródão
28 Pegadas de Dinossaúrios de Ourém/Torres Novas
29 Carenque
30 Pedra da Mua
31 Lagosteiros
32 Pedreira do Avelino

âmbito regional/local - DL 19/93

Paisagem Protegida

- 33 Albufeira do Azibo
34 Corno do Bico
35 Lagoas de Bertandos e São Pedro de Arcos
36 Serra de Montejuento

âmbito regional/local - DL 142/2008

Parque Natural Regional

- 37 Vale do Tua

Reserva Natural Local

- 38 Paul da Tornada
39 Estuário do Douro

Paisagem Protegida Regional

- 40 Litoral de Vila do Conde e Reserva Ornitológica do Mindelo
41 Serra da Gardunha

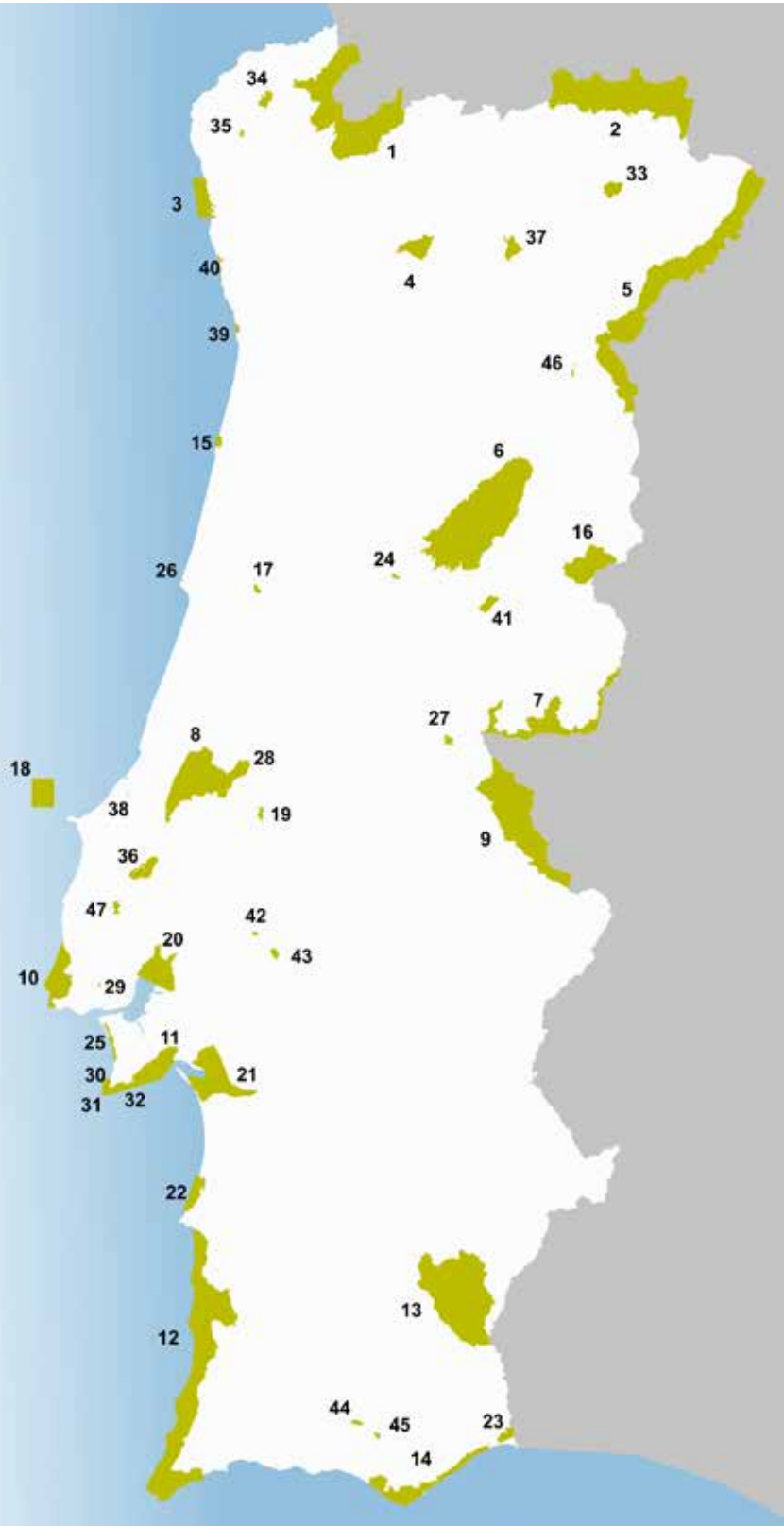
Paisagem Protegida Local

- 42 Açude da Agolada
43 Açude do Monte da Barca
44 Rocha da Pena
45 Fonte Benémola
47 Serras do Socorro e Archeira

âmbito privado

Área Protegida Privada

- 46 Faia Brava



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Dia 1 6th February, Monday

Arrival to Porto

Departure to Ponte de Lima

Visit to Ponte de Lima

In Ponte de Lima, a town of stories and history, a walk through the town centre is a journey to the roots of our ancestry. Largo de Camões welcomes visitors with its Noble Fountain, completed in 1603. The nearby Bridge tempts us all to cross it. Cross the bridge and admire the beauty of the Church of Santo António da Torre Vellha (Old Tower), built in the nineteenth century and notable for the height of its tower and the gargoyles flanking it. Close by, the Chapel of Anjo da Guarda (Guardian Angel), a construction with Romanesque and Gothic roots, dated by many to the thirteenth century, will arouse curiosity for the simple and harmonious way it fits into the landscape.

Visit, boat trip on the Lima River and wine tasting in Centro do Vinho Verde

Lunch



Casas Novas Countryside Hotel + dinner + check in

Opened in July 2008 in Casas Novas - Redondelo, a markedly rural place with noble traditions, Casas Novas Countryside Hotel Spa & Events presents itself as a modern rural space, combining Baroque architecture with contemporary style. In a tastefully invigorated blend, it combines the dark tones of wood with the glass that contrasts with the stone, resulting in a sophisticated atmosphere. The Casas Novas Countryside Hotel Spa & Events has 34 rooms in total, 7 installed in a fully restored 18th century manor house and 27 installed in a modern wing.



Overnight stay

Dia 2 7th February, Tuesday

Breakfast and check out

Visit to Chaves + thermal baths

Chaves is a city and a municipality in the north of Portugal. It is 10 km south of the Spanish border and 22 km south of Verín (Spain). The municipality is the second most populous of the district of Vila Real (the district capital, Vila Real, is 60 km south). With origins in the Roman civitas Aquæ Flaviæ, Chaves has developed into a regional center.

Departure to Lamego

Guided visit to Lamego

Lamego is one of the most important urban centres in the Douro region. Quite before the foundation of the Portuguese nationality, the Lamego lands were already populated and constituted an important passageway for commercial trades.

Jeep Tour with Naturimont

Drive up the steep hills through off road routes surrounded by the vineyards of Portugal's most famous wine region, declared a World Heritage Site by UNESCO. Breathe the fresh air of Douro Valley while viewing the vineyards of world-class wines and the fantastic viewpoint considered the most beautiful in Portugal

Visit to Sernancelhe

Sernancelhe is a territory full of history. Centuries of an existence prior to the foundation of Portuguese nationality give Sernancelhe the status of land where people from many origins landed who, through their ingenuity and art, left knowledge and important testimonies of their presence.

Check in + dinner at Hotel Rural Convento Nossa Senhora do Carmo

Surrounded by emotional gardens, this former 17th century Convent is now a beautiful and comfortable 4-Star Rural Hotel, where tourists and business people can enjoy the warmth of their stay, taste the gastronomic specimens and look out over the parish and the landscape. Its 60 cells gave way to 24 rooms. The former chapel of the convent, a former religious cult, has now given way to the gastronomic cult.

Overnight stay



Dia 3 8th February, Wednesday

Breakfast and check out

Visit to Idanha-a-velha

Nestled between the Pônsul River and three gentle hills, we find the modest Idanha-a-Velha. Underneath its humble urban fabric lie the ruins of a city with a vast history. Founded by the Romans at the end of the 1st century BC, it was called Oppidum Stipendiarium in the time of Augustus, becoming Civitas Igaeditanorum between 69 and 96 AD (reign of the Flávios), at which time it was promoted to a municipium. The current village offers a glimpse, here and there, of the remains of this Roman city. The temple podium has been preserved in the forum, the monumental centre of the civitas.



Visit to Monsanto - Monsanto GeoHotel Escola (Idanha-a-Nova)

D. Afonso Henriques, D. Sancho I, D. Sancho II and D. Manuel granted him a charter. The oldest part is at the highest point, where the Templars built a fence with a keep. To this structure is later added another, rhythmmed by towers, with two uneven enclosures. The first includes a cistern and the Church of Santa Maria. In the lower part, the main door of the fence is torn. Outside the walls, the primitive settlement around the Chapel of S. Miguel, a small treasure of Romanesque architecture, is defended by a low fence. Overlooking the cluster, now in ruins, stands the Torre do Pião.



Check in + dinner at Hotel Convento da Sertã

The Convento da Sertã Hotel is a four-star hotel, strategically located in the center of the country and offering a high quality service, guaranteed by a dedicated and demanding team of professionals. This unit was considered by Travelers Choice 2018 as one of the 25 best “Small Hotels in Europe”, the best small best hotel in Portugal 2018 and one of the best in 2019 (Tripadvisor2019). In 2019, it was also mentioned in the Frommer’s world guide and, according to the experts in this publication, with 75 million sales, the Convento da Sertã Hotel is one of the top choices for those traveling along the EN2.

Overnight stay

Dia 4 9th February, Thursday

Breakfast and check out

Guided visit to Castelo de vide

The castle, surrounded by the town's white houses, dominates the surrounding landscape and is undoubtedly the first of many surprises encountered by the visitor. When seen from this high point, the Alentejo landscape is finally revealed in all of its great splendour. Small villages lost in the midst of the open countryside disappear from sight. Close by, roughly 20 km from Castelo de Vide, the hilltop town of Marvão can be seen and, a little further beyond this, it is possible to see over the Spanish border and deep into the heart of Spain itself.

Lunch



Check in + dinner at Hotel Rural Santo António

Inaugurated in February 2011, the Hotel Rural Santo António (3 stars), located in the heart of Northern Alentejo, 20 km from Portalegre, offers you the rurality and natural beauty of the Alto Alentejo. Inserted in a peaceful landscape and in a region of diverse resources and interests, this unit has 29 elegant accommodation units with generous areas between 26 and 40m², inserted in a building of contemporary architecture located in the village of Arronches. This is one with ecological concerns and the reuse of its resources.



Overnight stay

Dia 5 10th February, Friday

Breakfast and check out

Departure to Lisbon airport



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